

# FAC EAST INDOOR POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am-11:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-9:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-9:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-9:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-9:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-9:00am Lap Swim Reservations (Reserve on app, online or at front desk)	7:00am-11:00am Lap Swim Reservations (Reserve on app, online or at front desk)
	GROUP FITNESS  9:00am-10:00am Poolates	GROUP FITNESS  9:00am-10:00am Poolates	GROUP FITNESS  9:00am-10:00am Poolates	GROUP FITNESS  9:00am-10:00am Poolates	GROUP FITNESS  9:00am-10:00am Poolates	
	GROUP FITNESS  10:00am-11:00am Aqua Basic	10:00am-3:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	GROUP FITNESS  10:00am-11:00am Aqua Basic	10:00am-3:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	GROUP FITNESS  10:00am-11:00am Aqua Basic	
11:00am-6:30pm Open Swim	11:00am-3:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	3:00pm-8:30pm Open Swim	11:00am-3:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	3:00pm-8:30pm Open Swim	11:00am-3:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	11:00am-6:30pm Open Swim
	3:00pm-8:30pm Open Swim		3:00pm-8:30pm Open Swim		3:00pm-8:30pm Open Swim	
Weekend Hours 7:00am-7:00pm Club Closed						Weekend Hours 7:00am-7:00pm Club Closed

- Reservations are required for Lap Swim in the east and west pools. Reservations can be made on the FAC app, online or at the front desks
- Reservations are not required for Open Swim in the indoor pool or outdoor pool

East Indoor Pool Temp: 85-86 degrees

Length: 49 feet (16 yards)

Mon-Thurs: 5am-9pm

Friday: 5am-8pm

Sat/Sun: 7am-7pm

# FAC WEST INDOOR POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am-6:30pm Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-8:30pm Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-6:30pm Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-8:30pm Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-6:30pm Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-7:30pm Lap Swim Reservations (Reserve on app, online or at front desk)	7:00am-6:30pm Lap Swim Reservations (Reserve on app, online or at front desk)
		6:30pm-7:30pm BASIS Swim Team		6:30pm-7:30pm BASIS Swim Team		
		7:30pm-8:30pm Lap Swim Reservations (Reserve on app, online or at front desk)		7:30pm-8:30pm Lap Swim Reservations (Reserve on app, online or at front desk)		

- Reservations are required for Lap Swim in the east and west pools. Reservations can be made on the FAC app, online or at the front desk

**West Indoor Pool Temp: 83-84 degrees**

**Length: 25 yards**

**Mon-Thurs: 5am-9pm**

**Friday: 5am-8pm**

**Sat/Sun: 7am-7pm**